

# Over the Counter Children's Medications Needed

\* Medications must be factory sealed and not expired. The further out the expiration date, the better.

\* For all pills, please provide bottles with counts of 50-200 pills.

\* Please do not send gummy or chewable medications/vitamins. These can melt in transport or be mistaken as "candy" in Haiti, causing potential harm.

# Allergy / Cold & Flu/Cough

- Allergy Liquid Medication (Benadryl, Allegra, Claritin, Zyrtec etc.)
- Allergy Pills 25 mg (Benadryl, Allegra, Claritin, Zyrtec etc.)
- Children Cold/Flu/Cough Liquid Medication (ages 2-11)

# Analgesics

- Acetaminophen children's liquid (ages 2-11)
- Ibuprofen children's liquid (ages 2-11)
- Acetaminophen 160 mg, 325 mg, & 500 mg pills
- Ibuprofen 200 mg pills

# <u>Vitamins</u>

- Children's Liquid Multi-vitamin (ages 2-11)
- Children's Liquid Vitamin C- (ages 2-11)
- Children's Iron + B complex Liquid Vitamin (ages 2-11)
- Vitamin C 500 mg pills

# Topical Products

- Ketoconazole/Nizoral Cream
- Miconazole Nitrate 2% Cream
- Hydrocortisone 1% cream
- Clotrimazole (Lotrimin®) 1% cream
- Triple antibiotic (Neosporin®) ointment/cream

#### Please read important instructions on the next page.

# Instructions

#### **Children's Medications**

Thank you for collecting these vital medications for the CCH Primary Care Clinic in Jacmel, Haiti! If you're setting up a drive at your church, school or organization, please also consider including an option for people to donate money for CCH to buy medicines *in Haiti*. While there is not an immense supply in Haiti and children's OTC medicines are expensive, we are experiencing some delays in shipping right now. We are confident that shipped items will arrive eventually, but immediate donations to purchase medicines in Haiti are also very welcome.

#### Where to Mail Full Boxes

Once your collection drive is over and you're ready to send all of your collected medicines to CCH, please contact Abby Gwaltney (abby@cchaiti.org) to confer about your donation contents. She will send you the address in Florida for the shipping company that gets materials to CCH in Haiti. It is better to send fewer, bigger boxes in a shipment than many small boxes.